

## Why have Success Coaching?

At a time of great uncertainty, cutbacks and added pressures it can become hard to keep motivated, retain focus and continue to be productive for the same or less reward. This is why coaching as a development tool can be so crucial to both employee engagement and personal development. Our Success Coaching approach is designed to improve individual performance through one to one sessions tailored 100% to achieving individual & organisational objectives.

## What is Success Coaching?

Success Coaching is about unlocking a person's potential to maximise their own performance; providing a means to maintain focus to achieve goals and strategies to overcome minor issues that may impinge on performance. Coaching can help to build individual and team awareness, responsibility and self-belief. Fundamentally is it about improving communication and motivation resulting in increased ROI, improved relationships and boosted morale and confidence.

## Who is it for?

Ideal for business owners, directors, entrepreneurs, senior managers and individuals who are interested in enhancing existing skills and improving personal performance, particularly when:

- Formulating a business, new team or personal development strategy
- In transition from one role to another
- Resolving a dilemma
- Being fast tracked
- In need of additional support in key areas such as: management development, sales, stress, presentation skills, time management, assertiveness, confidence & motivation

All of our coaches are specialists in communication strategies and behavioural change techniques and can help to identify, focus on and achieve the things that are important to the individual. The standard coaching programme is 6 face to face, in-house sessions for 90 minutes at fortnightly or monthly intervals, with additional telephone and email support where required in the interim.

## By the end of the course learners will be able to...

- Higher levels of productivity and employee engagement
- Increased motivation and focus
- Improved interpersonal skills

"It was excellent. I came out of it very focused and very confident about my management techniques and communication skills."

